

A Patient Charter for Miscarriage Care in Scotland



With support from

Tommy's
The pregnancy and baby charity



Scottish Government
Riaghaltas na h-Alba

What is a Patient Charter for Miscarriage Care?

The Patient Charter for Miscarriage Care is a commitment to the miscarriage care you should receive from the NHS in Scotland. It is for both women and partners.

On 6 February 2025, the Scottish Government published a [Delivery Framework for Miscarriage Care in Scotland](#). It is based on the graded model of care, an evidence based framework that sets out the support and treatment you should receive after every miscarriage.

The Framework gives Health Boards 34 actions/deliverables to put in place over the next 2 years.

- 18 of the 34 actions/deliverables within the Framework should be in place by August 2025.
- 10 further actions/deliverables should be in place by May 2026.
- The final 6 should be in place by March 2027.

This Charter sets out the miscarriage care you should expect to receive at the moment, based on the 18 actions/deliverables due to have been put in place already.

An updated Charter covering the remaining 16 deliverables will be published in March 2027.

If you are reading this because you are having a miscarriage, you can find the information and support you need right now on [NHS inform](#) and in these leaflets. [I think I'm having a miscarriage](#), [After a miscarriage](#) and [Miscarriage: dads and partners](#).



Care after every miscarriage

1 First miscarriage	2 Second miscarriage	3 Third miscarriage	4 Fourth miscarriage
Information on bereavement and mental health support			
Personalised advice to support the health of future pregnancies			
Optional entry in Scottish Government/National Records Memorial Book of Pregnancy and Baby Loss Prior to 24 weeks			
Progesterone offered up to 16 weeks if bleeding in future pregnancy		Offer of ultrasound scan	Progesterone from confirmed pregnancy test until 12 weeks
			Offer of ultrasound scan at 6 weeks in new pregnancy
		Offer of referral to specialist recurrent miscarriage clinic	

After 1 or 2 miscarriages

Your healthcare professional will talk to you about:

- where you can find support after miscarriage
- what you can do to be as healthy as possible in a future pregnancy
- contraception advice if you need it
- the [Scottish Government/ National Records Memorial Book of Pregnancy and Baby Loss Prior to 24 Weeks](#)

In a future pregnancy you will be offered progesterone pessaries until you are 16 weeks pregnant if you are spotting or bleeding from your vagina and an ultrasound scan has confirmed a new pregnancy is in your womb.

Treatment should follow [this guidance](#).

You will be given printed information or links to websites so you can look again later.

After 3 miscarriages

You will also be offered:

- referral to a specialist recurrent miscarriage clinic
- a 3D ultrasound scan to check if there are any problems with your womb (uterus)
- a 2D ultrasound scan if 3D is not available and an MRI scan if doctors think it is needed

After 4 or more miscarriages

If you get pregnant again you will be offered progesterone pessaries:

- after a confirmed pregnancy test
- until you are 12 weeks pregnant
- whether or not you have any bleeding

You will be given an ultrasound scan at 6 weeks to make sure your pregnancy is in the womb. Treatment should follow [this guidance](#).

Assessment

- Contact details and opening hours of your nearest EPU can be found on [NHS inform](#).
- Other healthcare services will direct you to your nearest EPU/EPAS for assessment and support.
- If your symptoms are getting worse quickly or you have other symptoms as well as pain and bleeding, your Emergency Department will assess you. You will be seen as soon as possible.

Support, information and care

Healthcare professionals will:

- be compassionate, caring, non-judgemental and respectful
- care for you in a private room wherever possible
- support you through any spaces where you might hear or see pregnant women and babies, if you wish
- give you the information and

support you need in a way you understand (including translation and interpreter services and written information)

- answer your questions
- if you need it, explain your options for miscarriage management (treatment) clearly and compassionately
- make sure you understand the risks and benefits of different options so you can make a decision that feels best for you
- support you to make choices about your care
- give you time to decide and support if you change your mind
- follow the [National Bereavement Care Pathway \(NBCP\)](#)

If you choose medical management and have had a missed miscarriage, you should be given 2 tablets - mifepristone and misoprostol. These 2 tablets help the pregnancy tissue come away from your uterus (womb).



Feedback and complaints

You have the right to give feedback, raise concerns or make a complaint about the care you have received and the services you have used.

If you want to give feedback or make a complaint you can speak to an NHS staff member or contact your [NHS Health Board](#) by phone, email or online

You can also give your feedback by sharing your experience on the [Care Opinion website](#).

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Produced for The Scottish Government by APS Group Scotland, 21 Tennant Street, Edinburgh EH6 5NA PPDAS1332542 (02/26)



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The Scottish Government
St Andrew's House
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EH1 3DG

ISBN: 978-1-80775-003-9 (web only)

Published by The Scottish Government, March 2026

Produced for The Scottish Government by APS Group Scotland, 21 Tennant Street, Edinburgh EH6 5NA
PPDAS1723966 (03/26)

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